## How to Discuss the News with Children For caregivers and educators

How do you answer some of the difficult questions children might have regarding protests and the news? Below are some web resources to help you with these conversations.

- News Literacy Project From their website: "NLP, a nonpartisan national education nonprofit, provides programs and resources for educators and the public to teach, learn and share the abilities needed to be smart, active consumers of news and information and equal and engaged participants in a democracy."
- How To Talk To Children About Difficult News by the American Psychological Association - Learn how to discuss the news with your child that is age appropriate and supportive.
- Tips For Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event by Substance Abuse and Mental Health Services Administration Learn how a child might reacted to a disaster or traumatic experience and how to talk with them.
- <u>Explaining the News To Our Kids</u> by Commonsense Media Read on for a list of tips to discuss the news with children and in an age appropriate way.

